

*Of Food*  
*Malt Loaf Musings*

THERE'S All-Bran in this loaf: that's why,  
When Chas the devotee stopped by  
And ate six slices at a sitting,  
The loo roll Judith brought seemed fitting.

Christine makes these malty mixes:  
With dates, All-Bran and milk, she fixes  
Such a super chewy brew –  
Sultanas, flour and sugar, too,  
In equal measure, mixed and baked  
To yield a joy that can't be faked.

Will you try it? Won't you risk it?  
Here's the loaf that takes the biscuit.

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